Chirton Pips Pre-school

Focusing on fine motor skills

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Pick up plastic balls with tongs in the bath or paddling pool | Squeeze playdough through a garlic press, cut it with scissors, cut out shapes using biscuit cutters. Roll the playdough in-between your hands and then pinch it to make different shapes. | Threading beads or pasta onto pipe cleaners, wool or string. | Push pipe cleaners through holes in a cardboard box or through a colander. | Finger painting! |
| Fill a water pistol with coloured water and squirt onto paper outside. | Clip clothes pegs onto numbered cards. | Make a pouring station using a variety of different containers and coloured water. | Make marks on tin foil that is covered in shaving foam or paint. | Squeeze or drop watercolours from pipettes into the correct coloured containers. |
| Draw with chalks outside. | Climb trees and hang off branches on your daily walk. | Pick up pea seeds using a pincer grip and plant in the garden. Remember to water on a regular basis. | Sorting pebbles / stones into colour or size. | Make a cake – encourage the children to use a whisk or spoon to mix the ingredients together. |